

Pre-Marital Counseling Curriculum

Before Session 1:

- 1. Obtain the book *The Meaning of Marriage* Tim Keller and read Ch. 1.
- 2. Read Gen. 24 and be ready to discuss your personal story and testimony, your relationship and engagement, and your family.
- 3. Read Matthew 19:1-12.
- 4. Listen to "Marriage: Covenant, Not a Contract" by Alistair Begg: http://thegospelcoalition.org/resources/a/Marriage-A-Covenant-Not-a-Contract
- 5. Read Pre-Marital Covenant and be prepared to discuss and sign.

<u>Session 1</u>: Discuss Gen. 24, your personal story and testimony, your relationship and engagement, and your family. Discuss Matt. 19:1-12, Begg sermon and Ch. 1 of *MOM*. Discuss and sign Pre-Marital Covenant.

Homework:

- 1. Read Eph. 5:22-33 and Ch. 2 of *MOM*. Make 3 practical application points from either for your marriage.
- 2. Write down any questions you have from the scripture passage and book chapters.
- 3. Watch or listen to "The Gospel and Marriage" by David Platt: http://www.radical.net/media/series/view/184/the-gospel-and-marriage

Session 2: Discuss Eph. 5:22-33 and Platt sermon. Discuss Ch. 2 of MOM.

Homework:

- 1. Read Gen. 2:18-25 and Ch. 3 of *MOM*. Make 3 practical application points from either for your marriage.
- 2. Write down any questions you have from the scripture passage and book chapters.
- 3. Listen to "Marriage Lived for the Glory of God" by Dr. John Piper:

 http://www.desiringgod.org/resource-library/conference-messages/marriage-lived-to-the-glory-of-god

Session 3: Discuss Gen. 2:18-25 and Piper sermon. Discuss Ch. 3 of MOM.

Homework:

- 1. Read 1 Cor. 7:1-16, Prov. 31:10-31, and Chs. 4 & 7 of *MOM*. Make 3 practical application points from either for your marriage.
- 2. Write down any questions you have from the scripture passage and book chapters.
- 3. Listen to "Choose Spouse Carefully" by Dr. Mark Dever: http://thegospelcoalition.org/resources/a/choose spouse carefully#



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<u>Session 4</u>: Discuss 1 Cor. 7:1-16, Prov. 31:10-31, and Dever sermon. Discuss Chs. 4 & 7 of *MOM. Homework:*

- 1. Read James 4:1-2, Luke 6:43-45, and Ch. 5 of *MOM*. Make 3 practical application points from either for your marriage.
- 2. Write down any questions you have from the scripture passages and book chapters.
- 3. Listen to "Cravings and Conflicts" by C.J. Mahaney: http://www.covlife.org/resources/2671432-Cravings and Conflicts

Session 5: Discuss James 4:1-2, Luke 6:43-45, and Mahaney sermon. Discuss Ch. 5 of MOM.

Homework:

- 1. Read Col. 3:18-4:1 and Chs. 6 and 8 of *MOM*. Make 3 practical application points from either for your marriage.
- 2. Write down any questions you have from the scripture passage and book chapters.
- 3. Listen to or watch "Col. 3:18-4:1" by Charles Quarles: http://itunes.apple.com/us/podcast/colossians-3-18-4-1-chuck/id370705699?i=91934304&mt=2

Session 6: Discuss Col. 3:18-4:1 and Quarles sermon. Discuss Chs. 6 & 8 of MOM.

Homework:

- 1. Read Song of Solomon together.
- 2. Listen to or watch the following:
 - "Sex Romance and the Glory of Christ", by C.J. Mahaney: http://thegospelcoalition.org/resources/a/Sex-Romance-and-the-Glory-of-God-What-Every-Christian-Wife-Needs-to-Know#
 - "A Song of Joy: Sexual Intimacy in Marriage", by C.J. Mahaney: http://thegospelcoalition.org/resources/a/A-Song-of-Joy-Sexual-Intimacy-in-Marriage#
 - "Marriage Is Meant For Making Children...Disciples of Jesus" by John Piper: http://thegospelcoalition.org/resources/a/Marriage-Is-Meant-for-Making-ChildrenDisciples-of-Jesus-Part-1
 - "Parenting for the Glory of God" by John Piper:
 http://thegospelcoalition.org/resources/a/Parenting-for-the-Glory-of-God-Part-2#