

Discipleship Tools

In a season of live streaming and canceled children's programs, may the following questions and activities guide you in helping your children apply the sermon.

1 Peter 5:6-11

If you miss the live stream, you can view the sermon [here](#).

Sermon Discussion

Preschool

1. What does it mean to worry? Do you think it's right or wrong to worry?
2. Is there anything specific that causes you to worry? What does God want you to do when you feel this way?
3. Who helps you to do what's right (remain firm in your faith) even when you feel like you want to do wrong? Why can you trust in Him?

Younger Kids

1. What is something you are feeling anxious about/tempted to feel anxious about that we can pray about?
2. Why don't we need to be afraid of Satan?
3. Can you think of a time when God has given you peace during a difficult situation?

Older Kids

1. Are there times when you're more likely to be anxious than others? When? How can you prepare to cast your cares on God in those times?
2. Should we be scared of the devil? Why or why not? How should we think about him?
3. How can Peter's words help encourage us during the Coronavirus?

Christ Connection

How does this text point us to Jesus?

Preschool: Jesus is the Prince of Peace.

Elementary: We can have peace through Jesus knowing that God will one day crush Satan under our feet.

Activity

Cast Your Anxieties

Take some pieces of paper and write down some things that can make you anxious. Then take the papers and crumble them up so that they can be into a throwable ball shape. Then throw them or "cast" them to a particular spot. For added fun, get out a laundry basket and make a game of it! Throughout the activity, emphasize that the real way of casting our anxieties on God, through prayer. Parents of younger children may want to spend some time explaining anxiety to their children. This can be defined in different ways, but here is what Tony said about it:

- The word is the same word Jesus used in Matt 6 and Paul in Philippians 4
- The term means "to be drawn in different directions, to be divided or distracted."
- When we are anxious, we are being distracted from trusting God.
- Anxiety pulls us in different directions so that we don't have single minded trust in God.