

**God Is Our Refuge and Strength**  
**Psalm 46:1-11**

**#1: God's Presence and Protection in a Creational Crisis (46:1-3)**

1 God is our refuge and strength,  
a very present help in trouble.  
2 Therefore we will not fear though the earth gives way,  
though the mountains be moved into the heart of the sea,  
3 though its waters roar and foam,  
though the mountains tremble at its swelling. Selah

**#2: God's Presence and Protection in the Midst of Raging Attackers (46:4-7)**

4 There is a river whose streams make glad the city of God,  
the holy habitation of the Most High.  
5 God is in the midst of her; she shall not be moved;  
God will help her when morning dawns.  
6 The nations rage, the kingdoms totter;  
he utters his voice, the earth melts.  
7 The Lord of hosts is with us;  
the God of Jacob is our fortress. Selah

**#3: God's Presence and Protection in World History (46:8-11)**

8 Come, behold the works of the Lord,  
how he has brought desolations on the earth.  
9 He makes wars cease to the end of the earth;  
he breaks the bow and shatters the spear;  
he burns the chariots with fire.  
10“ Be still, and know that I am God.  
I will be exalted among the nations,  
I will be exalted in the earth!”  
11 The Lord of hosts is with us;  
the God of Jacob is our fortress. Selah