

From Lament to Praise
Psalm 77:1-20

Mark Vroegop, *Dark Clouds, Deep Mercy*

- “Lament invites us to grieve and trust, to struggle and believe.”
- “Lament is prayer in pain that leads to trust.”
- “Lament is the personal song that expresses our grief while embracing God’s goodness.”
- “To cry is human. But to lament is Christian.”

#1: Processing Our Distress in the Presence of God (77:1-9)

A. Asaph’s Heartfelt Cry (1-3)

B. Asaph’s Specific Complaint (4-9)

Exodus 34:6-7

⁶The LORD passed before him and proclaimed, “The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, ⁷keeping steadfast love for thousands, forgiving iniquity and transgression and sin, but who will by no means clear the guilty, visiting the iniquity of the fathers on the children and the children’s children, to the third and the fourth generation.”

#2: Remembering the Redeeming Work of God (77:10-20)

A. The Mighty Acts of God (10-12)

B. The Greatness of God (13-15)

C. The Crossing of the Sea (16-20)