

Jesus is Lord of the Sabbath

Luke 6:1-11

#1: The Confrontation (vs. 1-2)

*¹On a Sabbath, while he was going through the grainfields, his disciples plucked and ate some heads of grain, rubbing them in their hands.
²But some of the Pharisees said,
“Why are you doing what is not lawful to do on the Sabbath?”*

Exploring the Sabbath

- Origins of the Sabbath
- Intent of the Sabbath
- What the Sabbath Became

#2: Jesus' Response (vs. 3-5)

*³And Jesus answered them, “Have you not read what David did when he was hungry, he and those who were with him: ⁴how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?”
⁵And he said to them, “The Son of Man is lord of the Sabbath.”*

Lord of the Sabbath

- I can give you the deep rest your soul longs for.
- I am the Lord of rest

Exploring Overwork

- It's all about Money
- Identity and Fulfillment

What does rest look like?

- Breaking away from our Primary Responsibility
- Reconnecting with our Creator
- Enjoying God's Creation
- Physical Rest

#3: A Man with a Withered Hand (vs. 6-7)

⁶On another Sabbath, he entered the synagogue and was teaching, and a man was there whose right hand was withered. ⁷And the scribes and the Pharisees watched him, to see whether he would heal on the Sabbath, so that they might find a reason to accuse him.

#4: The Lord of Restoration (vs. 8-9)

⁸But he knew their thoughts, and he said to the man with the withered hand, “Come and stand here.” And he rose and stood there. ⁹And Jesus said to them, “I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?”

#5 The Healing (vs. 10-11)

¹⁰And after looking around at them all he said to him, “Stretch out your hand.” And he did so, and his hand was restored. ¹¹But they were filled with fury and discussed with one another what they might do to Jesus

#5 Questions for Christians

1. Do you find your rest in Him, or are you constantly trying to prove your worth to yourself and others?

2. Do you find your position secure in the One who has granted you salvation, or are you constantly trying to earn favor with God through your works?
3. Do you follow His loving example of loving those in need?