

Joy Comes with the Morning
Psalm 30:1-12

#1: "I Will Extol You" (30:1-5)

1 I will extol you, O Lord, for you have drawn me up
and have not let my foes rejoice over me.
2 O Lord my God, I cried to you for help,
and you have healed me.
3 O Lord, you have brought up my soul from Sheol;
you restored me to life from among those who go down to the pit.
4 Sing praises to the Lord, O you his saints,
and give thanks to his holy name.
5 For his anger is but for a moment,
and his favor is for a lifetime.
Weeping may tarry for the night,
but joy comes with the morning.

#2: "I Was Dismayed" (30:6-10)

6 As for me, I said in my prosperity,
"I shall never be moved."
7 By your favor, O Lord,
you made my mountain stand strong;
you hid your face;
I was dismayed.
8 To you, O Lord, I cry,
and to the Lord I plead for mercy:
9 "What profit is there in my death,
if I go down to the pit?
Will the dust praise you?
Will it tell of your faithfulness?"
10 Hear, O Lord, and be merciful to me!
O Lord, be my helper!"

#3: "I Will Give Thanks to You Forever!" (30:11-12)

11 You have turned for me my mourning into dancing;
you have loosed my sackcloth
and clothed me with gladness,
12 that my glory may sing your praise and not be silent.
O Lord my God, I will give thanks to you forever!

Final Reflections:

Let us be aware of the danger of overconfidence.

Let us practice grace of repentance.

Let us hope in the God who replaces mourning with gladness.

Let us abound with thanksgiving.