

Teach Us to Number Our Days
Psalm 90:1-17

#1: Magnifying God's Eternality (90:1-2)

- ¹ Lord, you have been our dwelling place
in all generations.
- ² Before the mountains were brought forth,
or ever you had formed the earth and the world,
from everlasting to everlasting you are God.

#2: Lamenting Humanity's Brevity (90:3-11)

- ³ You return man to dust
and say, "Return, O children of man!"
- ⁴ For a thousand years in your sight
are but as yesterday when it is past,
or as a watch in the night.
- ⁵ You sweep them away as with a flood; they are like a dream,
like grass that is renewed in the morning:
- ⁶ in the morning it flourishes and is renewed;
in the evening it fades and withers.
- ⁷ For we are brought to an end by your anger;
by your wrath we are dismayed.
- ⁸ You have set our iniquities before you,
our secret sins in the light of your presence.
- ⁹ For all our days pass away under your wrath;
we bring our years to an end like a sigh.
- ¹⁰ The years of our life are seventy,
or even by reason of strength eighty;
yet their span is but toil and trouble;
they are soon gone, and we fly away.
- ¹¹ Who considers the power of your anger,
and your wrath according to the fear of you?

#3: Praying in View of These Realities (90:12-17)

Wisdom: "Teach Us" (12)

- ¹² So teach us to number our days
that we may get a heart of wisdom.

Worship: "Satisfy Us" (13-15)

- ¹³ Return, O Lord! How long?
Have pity on your servants!
- ¹⁴ Satisfy us in the morning with your steadfast love,

that we may rejoice and be glad all our days.

- ¹⁵ Make us glad for as many days as you have afflicted us,
and for as many years as we have seen evil.

Work: "Favor Us" (16-17)

- ¹⁶ Let your work be shown to your servants,
and your glorious power to their children.

- ¹⁷ Let the favor of the Lord our God be upon us,
and establish the work of our hands upon us;
yes, establish the work of our hands!

1 Corinthians 15:58

- ⁵⁸ Therefore, my beloved brothers, be steadfast, immovable, always abounding [do a lot of it] in the work of the Lord, knowing that in the Lord your labor is not in vain.

Revelation 14:13

And I heard a voice from heaven saying, "Write this: Blessed are the dead who die in the Lord from now on." "Blessed indeed," says the Spirit, "that they may rest from their labors, for their deeds follow them!"